

# MRS GARCIAS CATERING

## Prix Fixe Lunch and Dinner Menus

**CALL: (310) 841-2315 or FAX: (310) 841-2415**

### CHICKEN AND TURKEY

- **Grilled Chicken Salad** with baby lettuce, cantaloupe, and pineapple
- **Cold Asian Noodle Salad** with shitake mushrooms, julienne carrots, julienne cucumbers, and bean sprouts
- **Grilled Fresh Vegetables** marinated in a Raspberry Vinaigrette Dressing
- **Portuguese Sweet Bread and Butter**
  
- **Chinese Chicken Salad**
- **Baked Potato Bar** (grilled steak, grilled chicken, bacon, broccoli, sour cream, chives, butter, salsa, guacamole, and jack or cheddar cheese)
- **Rolls and Butter**
  
- **Chicken Piccata**
- **Caesar Salad**
- **Penne Pasta** with Tomato, Basil and Garlic
- **Sautéed Fresh Zucchini**
- **Garlic Bread**
  
- **Teriyaki Chicken**
- **Chinese BBQ Pork Salad**
- **Rice Pilaf**
- **Fresh Broccoli Spears** with soy mayonnaise dressing
  
- **Jerk Chicken**
- **Sunshine Salad** (green leaf lettuce, romaine lettuce, arugala, avocado, diced oranges & tomato)
- **Calypso Red Beans and Rice**
- **Fried Plantain**
  
- **Cathay Chicken**
- **Chinese BBQ Pork Salad**
- **Vegetarian Chow Mein** with black mushrooms, straw mushrooms, & baby corn
- **Vegetarian Fried Rice**
  
- **Orange Honey Chicken**
- **Romaine Lettuce Salad** with black bean corn relish & Feta cheese
- **Rice Pilaf**
- **Grilled Fresh Vegetables**
  
- **Roast Turkey**
- **Fresh Garden Salad**
- **Garlic Mashed Potatoes**
- **Green Bean Almandine**
- **Candied Yam**
- **Rolls & Butter**

- **Cornish Game Hen**
  - **Assorted Baby Salad Greens garnished** with cherry tomatoes and Enoki mushrooms
  - **Rice Pilaf**
  - **Fresh Broccoli**
  - **Rolls & Butter**
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- **Turkey Sausage** with Peppers and Onions
  - **Caesar Salad**
  - **Penne Pasta** with Tomato, Basil and Garlic
  - **Sautéed Fresh Zucchini**
  - **Garlic Bread**
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- **BBQ Chicken** (add \$2.00 for ½ BBQ Baby Back Ribs & ½ Chicken)
  - **Cole Slaw**
  - **Baked Beans**
  - **Grilled Fresh Vegetables** marinated in a raspberry vinaigrette dressing
  - **Potato Salad**
  - **Rolls and Butter**

## **BEEF**

- **Burgundy Beef Brisket**
  - **Romaine Lettuce Salad garnished** with black bean corn relish
  - **Garlic Mashed Potatoes**
  - **Glazed Ginger Carrots**
  - **Rolls and Butter**
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- **Beef Shish Kebob**
  - **Romaine Lettuce Salad** with black bean corn relish and Feta cheese
  - **Grilled Vegetables** marinated in a raspberry vinaigrette
  - **Couscous**
  - **Hummus**
  - **Pita Bread**
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- **Beef Stroganoff**
  - **Caesar Salad**
  - **Green Beans Almandine**
  - **Buttered Noodles**

## **MEXICAN**

- **Steak or Chicken Fajita**
  - **Tossed Green Salad**
  - **Black Beans**
  - **Spanish Rice**
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- **Enchilada**
  - **Tossed Green Salad**
  - **Black Beans**

- **Spanish Rice**
- **Chicken Mole**
- **Tossed Green Salad**
- **Black Beans**
- **Spanish Rice**

**Mexican Entrees Cooked to Order:** (includes Spanish rice, black or pinto beans, and salad)

- **Quesadilla**
- **Burrito (chicken or steak)**
- **Tostado (chicken or steak)**
- **Taco (chicken or steak)**

## **HAWAIIAN**

- **Kahlua Pork**
- **Chinese Chicken Salad**
- **Potato-Macaroni Salad**
- **Double Mushroom Vegetarian Delight**
- **Huli-Huli Chicken**
- **Chinese Chicken Salad**
- **Pineapple Fried Rice**
- **Vegetarian Long Rice**

## **FISH**

- **Baked Fish in Papillote** -fillet of red snapper or white fish, green onions, ginger, carrots, zucchini, and soy sauce baked in a parchment envelope
- **Chinese Chicken Salad**
- **White Steamed Rice**
- **Bok Choy, Tofu, and Mushroom**